

Dear [insert your MP's name]

I am writing as a member of your constituency to share a new report with you that highlights the impact of cell therapies like stem cell transplants and CAR-T on the mental health and wellbeing of patients and their loved ones, and the gaps in the support available to them.

[insert details about why this report or issue matters to you]

Cell therapy can have a stark negative impact on the mental health of patients, with **nearly half** experiencing anxiety before their treatment, and **more than a third** experiencing depression. The effects of treatment are not just felt by patients but also by family members and carers, many of whom struggle with stress, fatigue, and financial strain.

Despite this, **85% of doctors** and **39% of nurses** report receiving **no training** for assessing and managing the psychological needs of patients, and **only 17%** of UK transplant centres have a psychologist embedded in their teams.

Anthony Nolan has launched a report '[How we can improve the mental health and wellbeing of cell therapy patients](#)', showing that we can address this unmet need by:

- Ensuring every transplant centre has a dedicated clinical psychologist to provide ongoing, specialist psychological care.
- Providing the whole multidisciplinary team with training to ensure the patient is supported psychologically.
- Ensuring all transplant services have clear pathways to proactively offer and support parents, siblings and carers with psychological support.

Please read the full report [here](#).

These changes are not just aspirational – they are achievable. By taking these actions the UK can lead the way in creating a truly holistic model of care for stem cell transplant patients and their families.

I would like to ask you to speak about this issue in Parliament and meet with Anthony Nolan representatives to find out more about how you can further support cell therapy patients.

Yours sincerely,

[insert your name]

[insert your address and/or postcode, so they know you live in their constituency]